

Tiotidine, a classical H₂-antagonist, presents characteristics of an inverse agonist in U937 cell line

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Introduction

It is generally accepted that the histamine H₂ receptor is coupled to the adenylyl cyclase system through direct interaction with a Gs protein family [1]. In the histiocytic lymphoma cell line U937, a histamine H₂ receptor was described that directly increases cyclic AMP production with a classical pharmacological profile [2, 3]. Recently it was found that drugs classically considered as antagonists, behave in some systems as inverse agonists [4]. The purpose of the present work was to study the tiotidine pharmacological characteristics in U937 cell line.

Materials and methods

Cell culture

U937 cells, obtained from the American Type Culture Collection (ATCC), were cultured at 37 °C in humidified atmosphere with 5% CO₂ in RPMI 1640 medium supplemented with 10% bovine fetal serum. Cells were routinely passed every 3 days and seeded at a density of 2.5×10^5 cells/ml.

Cyclic AMP assay

Cells were washed and resuspended in Hanks' balanced salt solution with 0.8 mM 3-isobutyl-1-methylxanthine (IBMX) at a density of 10^6 cells/ml, preincubated for 3 min at 37 °C and exposed to different drugs for 9 min at the indicated concentration. The reaction was stopped by centrifugation at 3000 g for 3 min. The pellet was resuspended in ethanol for cyclic AMP extraction and further centrifuged at 3000 g for 10 min. The ethanol phase was dried and resuspended in 50 mM Tris-HCl buffer. Cyclic AMP content was determined by means of competition with [³H]cyclic AMP for protein kinase A, as previously described [5].

Results and discussion

Concentration-response curves with BU-E-75, a specific H₂ agonist, in the absence and presence of tiotidine were

obtained (Fig. 1). The presence of tiotidine not only shifted the curve to the right increasing the EC₅₀ (95 to 300 nM) but also diminished the maximal response and the basal values.

On the basis of these results, a concentration-response curve with tiotidine was performed and unexpectedly showed tiotidine to be a potent inverse agonist, capable of decreasing cAMP basal levels 3 to 4 fold (7.2 ± 1.2 to 2.0 ± 0.3 pmol/ 10^6 cells) with an EC₅₀ = 95 ± 10 nM (Fig. 2). Taking into account that an inverse agonist could be mistaken for an antagonist due to the inadequate sensitivity of the screening system, the sensitivity was increased. A concentration-response curve in presence of forskolin (a direct adenylyl cyclase agonist) was obtained (Fig. 2), because when basal activity is higher, the negative effect of an inverse agonist becomes clearly evident [6]. With this experiment, tiotidine proved to be a powerful inverse agonist.

Drug and drug-receptor classifications are based on the identity of equilibrium dissociation constants for drug-receptor complexes (K_d). It is accepted that agonists may

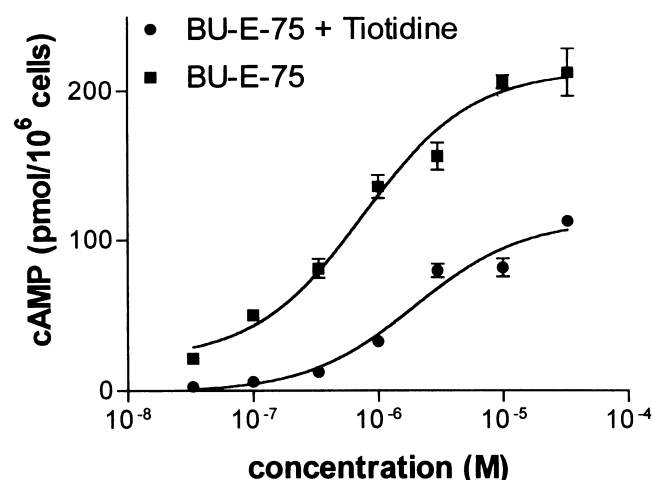


Fig. 1. Concentration-response curves of BU-E-75 on cAMP production in the presence (●) or absence (■) of 300 nM tiotidine. Each experiment represents four independent assays performed with different preparations of U937 cells. Each point is the mean \pm SE of triplicate incubations.

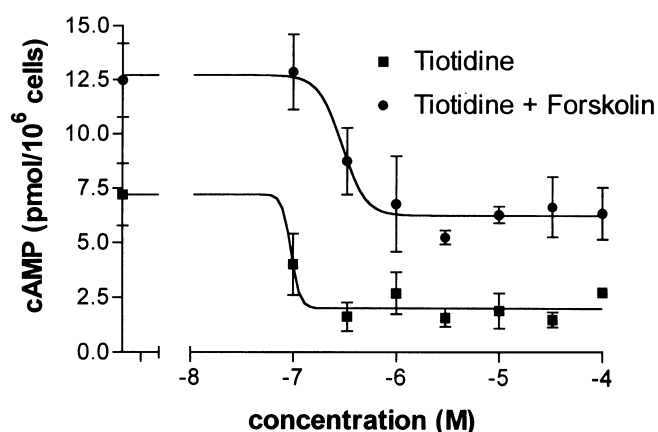


Fig. 2. Concentration-response curves of tiotidine on cAMP production in the presence (■) or absence (●) of 20 μ M forskolin. Each experiment represents four independent assays performed with different preparations of U937 cells. Each point is the mean of triplicate incubations. The EC_{50} value is 95 ± 10 nM (mean \pm SEM).

display K_d values that are not dependent solely upon the nature of the agonist and receptor but also upon the process of stimulus transduction [7]. For this reason, pharmacologists base receptor classifications primarily on antagonist K_d values, and use these to compare those present in natural physiological systems.

The key upon which all of these classifications rest is the assumption that the reference antagonists bind only to the receptor and do not, in any way, alter it. Traditionally, tiotidine is the reference antagonist for the H_2 receptor characterization [8]. However, at least in this system, tiotidine generates a pharmacological response corresponding to an inverse agonist. The concept of inverse agonism is currently a subject of discussion. If a ligand decreases the probability of receptor-transducer association or destabilizes

the pre-existing association of these entities, then the ligand can be thought of as an inverse agonist. This is the case for tiotidine in this system. Therefore the implication of these results is that tiotidine should not be considered the reference antagonist for H_2 receptor classification.

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